

### Claims

1. Oscillation attenuator, particularly for use in the motor vehicle sector, having at least one attenuator element, characterised in that the attenuator element is formed by granulate particles (9) which are held in a container (8).
2. Oscillation attenuator according to Claim 1, characterised in that the granulate particles (9) are arranged in the container (8) so that they can move relative to one another.
3. Oscillation attenuator according to Claim 1 or 2, characterised in that the granulate particles (9) consist of the same material.
4. Oscillation attenuator according to Claim 1 or 2, characterised in that the granulate particles (9) consist of at least two different materials.
5. Oscillation attenuator according to one of Claims 1 to 4, characterised in that the granulate particles (9) consist of steel.
6. Oscillation attenuator according to one of Claims 1 to 4, characterised in that the granulate particles (9) consist of cast iron.
7. Oscillation attenuator according to one of Claims 1 to 4, characterised in that the granulate particles (9) consist of a plastic, such as polymethyl methacrylate, styrene-butadiene copolymers and the like.
8. Oscillation attenuator according to one of Claims 1 to 7, characterised in that the container (8) is flexible.
9. Oscillation attenuator according to Claim 8, characterised in that the container (8) consists of fabric, paper, plastic and the like.

10. Oscillation attenuator according to one of Claims 1 to 7, characterised in that the container (8) is designed as a geometrically stable housing.
11. Oscillation attenuator according to Claim 10, characterised in that the container (8) consists of a plastic.
12. Oscillation attenuator according to Claim 10, characterised in that the container (8) consists of paperboard.
13. Oscillation attenuator according to Claim 10, characterised in that the container (8) consists of metal.
14. Oscillation attenuator according to one of Claims 1 to 7, characterised in that the container (8) is a housing which consists of an elastically deformable material.
15. Oscillation attenuator according to one of Claims 1 to 7, characterised in that the container (8) is a cavity in a housing.
16. Oscillation attenuator according to Claim 15, characterised in that the housing (8) is designed as a frame.
17. Oscillation attenuator according to one of Claims 1 to 16, characterised in that the granulate particles (9) lie in a viscous liquid (10).
18. Oscillation attenuator according to Claim 17, characterised in that the viscous liquid (10) is oil.
19. Oscillation attenuator according to one of Claims 1 to 18, characterised in that the container (8) is provided on an interior rear-view mirror (1) of the motor vehicle.

20. Oscillation attenuator according to Claim 19, characterised in that the container (8) lies behind a mirror glass (5) of the interior rear-view mirror (1).
21. Oscillation attenuator according to Claim 19 or 20, characterised in that the container (8) is arranged in the mirror housing (3).
22. Oscillation attenuator according to one of Claims 1 to 18, characterised in that the container (8) is provided on an exterior rear-view mirror of the motor vehicle.
23. Oscillation attenuator according to Claim 22, characterised in that the container (8) lies behind a mirror glass of the exterior rear-view mirror.
24. Oscillation attenuator according to Claim 22 or 23, characterised in that the container (8) is arranged in the mirror head of the exterior rear-view mirror.
25. Oscillation attenuator according to one of Claims 1 to 24, characterised in that the container (8) is provided in the vicinity of the maximum oscillation movement.
26. Oscillation attenuator according to one of Claims 1 to 25, characterised in that the granulate particles (9) have an angulated shape.
27. Oscillation attenuator according to one of Claims 1 to 25, characterised in that the granulate particles (9) have a round shape.
28. Oscillation attenuator according to one of Claims 1 to 27, characterised in that the granulate particles (9) have a cross-sectional width in the range of between about two and about six millimetres.